

Register for Maguire & McInerney SAVVY Survivor to raise funds for Parkinson's Disease research.
 Call us at 1300 942 895 for more information.

Time	MON	TUE	WED	THU	FRI
8:00AM	CARDIO	STRENGTH	STRETCH	STRENGTH	REFORMER PILATES
11.15AM	STRETCH	CYCLE	STRENGTH	REFORMER PILATES	STRENGTH
1:15PM		REFORMER PILATES			
2:15PM	STRENGTH	REFORMER PILATES	STRETCH	STRENGTH	

SAVVY WellCo (Fairy Meadow)

SAVVY Corner, Stuart Park

Classes move indoors in inclement weather