

CC19 Mobility, Dexterity, Rehabilitation

Purpose

1. To ensure that optimum levels of mobility and dexterity are achieved for all participants.

Alignment with Practice Standards

1. Module 2: Provider Governance and Operational Management
2. Module 3: Provision of Supports
3. High Intensity Daily Personal Activities

Legislative Alignment

1. National Disability Insurance Scheme Act 2013
2. Work Health and Safety Act 2011 (Cth)
3. Work Health and Safety Regulations 2011 (Cth)

Key Responsible Executive

Chief Executive Officer

For More Support

Head of Multidisciplinary Care

Policy Statement

1. This policy applies to registered nurses and care staff.

Procedures

1. Participants' mobility and dexterity needs (including their risk of falls) are assessed, as part of the initial assessment process, initially by the physio aides and then later more fully by the physiotherapist.

2. The physiotherapist develops a physiotherapy care and service plan with individual strategies, including a range of exercise aids; to assist participants achieve optimum levels of mobility and dexterity. The plan is reviewed every three months, or as deemed necessary. Physiotherapy aides carry out the strategies in the plan.
3. The activities and care staff further assist with mobility and dexterity by ensuring the participant has access to their walking aid, and that appropriate footwear is worn when ambulating.
4. Staff members assist participants when ambulating and use the correct equipment, e.g. pelican belt, for manual handling.
5. We have falls reduction strategies in place. These include risk assessment of participants for falls, appropriate monitoring and supervision, use of assistive devices, movement sensors in bedrooms, and bed rail assessments, as well as other strategies as appropriate.
6. We monitor mobility issues through audits including participant falls – general, and participant adverse event general.

References to other SAVVY policies

1. CS3.5 Participant Record Management
2. HR4.17 Information Technology

References to other external materials

1. Personal care and clinical procedures manual

Supporting documentation

1. Participant files
2. Assessments, care and service plans, incident reports, progress notes, charts
3. Audits: participant falls – general
4. Participant incidents in TurnPoint

Version Control

1. 1 April 2023 - New Policy Creation