

CC21 Nutrition and Hydration Responsibilities

Purpose

1. To ensure that all participants of SAVVY are adequately nourished and hydrated.

Alignment with Practice Standards

1. Module 2: Provider Governance and Operational Management
2. Module 3: Provision of Supports
3. High Intensity Daily Personal Activities

Legislative Alignment

1. National Disability Insurance Scheme Act 2013
2. Work Health and Safety Act 2011 (Cth)
3. Work Health and Safety Regulations 2011 (Cth)

Key Responsible Executive

Chief Executive Officer

For More Support

Head of Multidisciplinary Care

Policy Statement

1. This policy applies to Management, registered nurses and care staff, and volunteers.
2. Dietary and fluid intake is defined as any nourishment consumed by an individual participant with the aim to provide and maintain adequate nourishment and hydration.

Procedures

1. Management or designated Registered Nurse will be responsible at intake for ascertaining individual participant specific dietary requirements, cultural customs and dietary preferences.

2. Management will be responsible for arranging individual participant assessment by health care professionals as required.
3. Registered nurse will be responsible at intake to complete individual participant dietary assessment.
4. Registered nurse will be responsible for documenting specific dietary and fluid requirements and informing staff of same.
5. Registered nurse will be responsible for advising management of observed individual participant feeding difficulties where health care professional intervention/assessment may be required.
6. Care staff will be responsible to be aware of individual participant specific dietary and fluid requirements.
7. Care staff will be responsible for reporting individual participant dietary and fluid intake to the registered nurse.
8. Care staff will be responsible for reporting to the registered nurse any individual participant observed feeding tolerance difficulties.
9. Care staff will be responsible for being aware of individual participant specific dietary requirements.
10. Volunteer Staff under the guidance of the registered nurse will be aware of individual participant feeding requirements and special needs.

References to other SAVVY policies

1. CS3.5 Participant Record Management
2. HR4.17 Information Technology

References to other external materials

1. Personal care and clinical procedures manual
2. NSW Food Authority Vulnerable Persons Food Safety Scheme

Supporting documentation

1. Participant admission notes
2. Nursing continuation notes
3. Initial assessment
4. Care and service plan
5. Diet assessment
6. Participant diet list

Version Control

1. 1 April 2023 - New Policy Creation