

# CC24 Pain Management

## Purpose

1. To ensure all participants are as free as possible from pain.

## Alignment with Practice Standards

1. Module 2: Provider Governance and Operational Management
2. Module 3: Provision of Supports
3. High Intensity Daily Personal Activities

## Legislative Alignment

1. National Disability Insurance Scheme Act 2013
2. Work Health and Safety Act 2011 (Cth)
3. Work Health and Safety Regulations 2011 (Cth)

## Key Responsible Executive

Chief Executive Officer

## For More Support

Head of Multidisciplinary Care

## Policy Statement

1. This policy applies to Management, registered nurses, care staff, and other allied health staff.
2. Pain management is defined as any intervention being medication, alternative therapies, positioning or use of available equipment and or resources, which alleviates discomfort and increases the participant's sense of well-being.

## Procedures

1. We have specific assessment and pain management tools to assist staff in identifying and managing participants' pain. The assessment tools include assessment of verbal and non-verbal descriptors of pain that particularly covers participants with dementia.
2. Participants are referred to medical specialists and/or other health and related services, as necessary.

3. We have a range of treatment options for participants' pain including physiotherapy, gentle passive exercise, massage, and medication including patches.
4. In-service education from the pharmaceutical company is conducted as needed, to keep relevant staff up to date on the latest developments regarding pain management.
5. We have in place a medication advisory committee for monitoring our medication management practices, including those related to pain management.

#### References to other SAVVY policies

1. CS3.5 Participant Record Management
2. HR4.17 Information Technology

#### References to other external materials

1. Personal care and clinical procedures manual

#### Supporting documentation

1. Participant files
2. Assessments, care and service plans, incident reports, progress notes, charts
3. Pain charts

#### Version Control

1. 1 April 2023 - New Policy Creation