

CC34 Sleep

Purpose

1. To ensure participants are able to achieve natural sleep patterns.

Alignment with Practice Standards

1. Module 2: Provider Governance and Operational Management
2. Module 3: Provision of Supports
3. High Intensity Daily Personal Activities

Legislative Alignment

1. National Disability Insurance Scheme Act 2013
2. Work Health and Safety Act 2011 (Cth)
3. Work Health and Safety Regulations 2011 (Cth)

Key Responsible Executive

Chief Executive Officer

For More Support

Head of Multidisciplinary Care

Policy Statement

1. This policy applies to registered nurses and care staff.

Procedures

1. Sleep assessment is part of the initial assessment and care and service planning process. If necessary, participants have access to medications, and pain management.
2. Natural sleep patterns are also assisted through the encouragement of participants' activities and exercise during the day.

References to other SAVVY policies

1. CS3.5 Participant Record Management
2. HR4.17 Information Technology

References to other external materials

1. Personal care and clinical procedures manual

Supporting documentation

1. Participant files
2. Assessments, care and service plans, incident reports, progress notes, charts

Version Control

1. 1 April 2023 - New Policy Creation